## OCTOBER 2025

Low-fat and fat free milk offered daily with all meals

Food subject to change due to food availability

Sidney High School

- 4	Monday	Tuesday	Wednesday	Thursday	Friday
			Orange Chicken Whole Grain Rice Cauliflower Apple Slices	Cheeseburger on a Bun Tri-Tator Fresh Pears	Pizza Crunchers Romaine Blend Baby Carrots Mandarin Oranges
	No School 6	Popcorn Chicken 7 Mashed Potatoes and Gravy Bananas	Spaghetti Romaine Blend Garlic Knot Mixed Fruit	Hot Dog or Brat Phot Dog or Brat Chili Beans Carrots Applesauce	Bosco Sticks W/Marinara Sauce Cucumbers Peaches
	No School 13	Chicken Strips Sweet Potato Apple Slices	Mac & Cheese Green Beans Pinto Beans Watermelon	Chicken Patty on a Buno Corn Sliced Peaches	Cheese Stuffed Cru <mark>st 7</mark> Pizza Romaine Blend Jell-O Fruit Cup
	No School 20	Chicken Fried Steak 21 Mashed Potatoes and Gravy Clementines	Chicken Alfredo Green Beans Texas Toast Strawberries	BBQ Rib on Bun 23 Baked Beans Apples	Pepperoni Pizza Cooked Carrots Romaine Blend Pears
	No School 27	Quesadilla or Corn Dogs Tri-Tator Grapes	Beef or Chicken Nachos w/Salsa & Cheese Sauce Refried Beans Frozen Fruit Cup	Beef Philly on a Bun <sup>30</sup> Fresh Broccoli Strawberries	Fiestada Pizza Celery and Carrots Mandarin Oranges